



# How to Wash your Hands

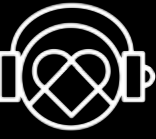




**I will need to wash my hands.  
Washing my hands is important to help keep  
me safe from germs.**



**I will turn on the water.**



**I will wet my hands.**



**I will put soap on my  
hands.**





**I will rub my hands together.  
I need to do this for 20 seconds.**





**I will rinse my hands.**



**I will dry my hands with paper towel,  
a towel or a hand dryer.**







**I am all done.  
I now have clean hands.**