

# POLAR BEAR PALS

Did you know that you can help polar bears by asking your parents to turn off the car engine while waiting 30 seconds or more? It's better for the engine and better for wildlife!

You can help save sea ice for polar bears by reminding grown-ups to drive less, avoid idling and lower the thermostat at home.

*Learn more about what you can do to help:*

- [www.polarbearsinternational.org](http://www.polarbearsinternational.org)
- [www.pdza.org/care/take-action/](http://www.pdza.org/care/take-action/)

*Together we can do it!*



**Nature at Home**

## A Heat Trapping Blanket

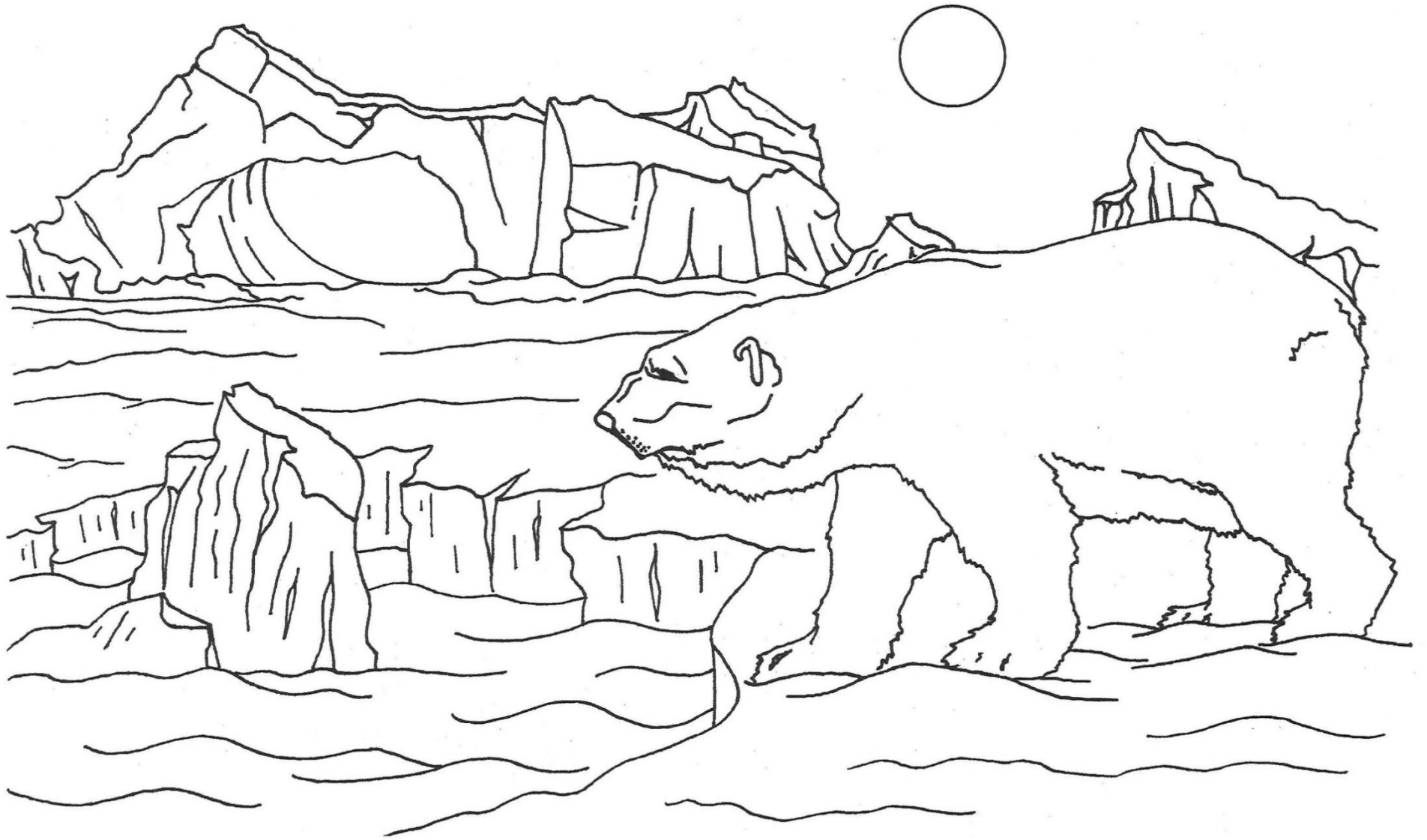
When there is too much carbon dioxide in the atmosphere, it acts like a blanket, trapping the sun's heat.

This extra heat is causing the Arctic to warm faster than anywhere else on the planet.



**Polar bears** make their home in the Arctic and **need sea ice** to find their main food – seals.

With sea ice melting faster than ever, bears are having a difficult time getting what they need to survive.



I ♥ polar bears!