

The Truth About Idling Your Engine

- Idling reduces engine life by up to 20 percent.
- Restarting has little impact on the engine, battery or starter. While idling, your engine isn't working at peak operating temperature. Fuel doesn't completely combust, leaving spark plugs dirty and contaminating oil.
- Idling more than 30 seconds uses more gas than restarting your engine. Idling gets you zero miles per gallon.
- Modern engines need only 30 seconds of idling before driving, even on the coldest winter days. The best way to warm up your vehicle is to drive it. Driving a vehicle cuts warm-up time in half.
- Idling produces twice as much pollution as stopping and starting your warmed-up engine.
- Car emissions contribute to global warming, which decreases the sea ice polar bears need to survive.

*Facts apply to gas engines, not diesel.

Be a Polar Bear Pal and turn off your engine.